# COVID-19 INFORMATION INFORMATION FOR TRAVELLERS

### DEPARTURES

Travel outside Canada is not recommended for Albertans at this time. Given the rapid global spread of COVID-19, it is no longer possible to assess health risks for the duration of the trip.

## **ARRIVALS FROM OUTSIDE CANADA**

#### All travellers returning from outside Canada should:

- Self-isolate for 14 days:
  - » Avoid public places
  - » Stay isolated with your family/friends
  - » Avoid contact with hotel staff, or guests
- Monitor for symptoms (cough fever, difficulty breathing)

#### If you develop symptoms:

• Use the online tool to assess your symptoms at ahs.ca/covid

Do not go to the ER or doctor's office.

If symptoms develop call Health Link 811 to arrange testing.

Albertan