Monday, November 23, 2026	
10:00 am	Registration Office Opens (between hotel front desk & Event Centre) - Executive Boardroom 2
4:00 pm	Tradeshow - Event Centre
6:00 pm - 9:00 pm	Welcome Reception (Supper will be provided) - Event Centre
9:00 pm - 12:00 am	APIA Hospitality Reception - Event Centre
Tuesday November 24, 2026	
7:00 am - 8:30 am	Breakfast - Event Centre
7:30 am - 4:00 pm	Registration Desk Opens (between hotel front desk and Event Centre) -Executive Boardroom 2
9:00 am - 5:00 pm	Tradeshow – Event Centre
8:00 - 10:00	PGA Business Meeting (AB Licensed Growers Only) - Marseille & Savona Rooms
8:30 - 10 am	Sound Therapy - Nicole Joyal - Spend some time relaxing your soul! You will leave revived and refreshed, ready to take on your busy life! Please dress comfortably and bring a yoga mat if you have one and/or a pillow and blanket from your hotel room! - Palermo room
10:00 am - 10:20 am	Refreshment Break – Event Centre
10:20 am - 10:30 am	Welcome – Alison Davie, Chairman of the Board – Event Centre
10:40 am - 12:00 pm	"Conference Opening / Keynote Speaker"
12:00 - 1:00	Lunch - Event Centre
1:00 pm	Bus leaves for Troubled Monk – Pickup at Hotel front entrance
1:15 - 3:45 pm	Troubled Monk -Join us for a fun afternoon of cocktail-making, beer tasting and a behind - the scenes brewery tour! We'll learn a few bartending tips, get some new Christmas cocktail recipes- and have a chance to try making them yourself!
4:00 pm	Time to prepare yourself for the PGA Annual Banquet
5:30 pm - 6:30 pm	Cash Bar Cocktail Reception - Mediterranean Ballroom
6:30 pm - 9:00 pm	PGA Annual Banquet - Mediterranean Ballroom
9:00 pm - 12:00 am	APIA Hospitality Reception - Mediterranean Ballroom
Wednesday November 25, 2026	
7:30 am - 9:00 am	Breakfast - Event Centre
7:30 am - 10:30 am	Registration Desk (between hotel front desk and Event Centre) Executive Boardroom 2
9:00 am - 2:00 pm	Tradeshow - Event Centre
7:30 am - 9:45 am	PGA Business Meeting (AB Licensed Growers only) - Marseille & Savona Rooms
9:00 - 10:45 am	Cookie Decorating - Cookies by Karleigh will teach us some tips and tricks to bring your Christmas cookie decorating to the next level! Each participant decorates their own cookies to take home! Please bring your phone or iPad (glasses if you need them!) - Palermo Room
11:00 - 12:00	Closing Speaker
12:00 pm - 1:15 pm	Lunch & APIA Awards/PGA Draws – Event Centre
1:15 pm - 1:30 pm	Closing Remarks – Alison Davie, PGA Board Chair

When was the last time you truly allowed yourself to switch off?

Life in a farming family comes with its own unique demands. Between the long days, unpredictable seasons, responsibilities at home, and the constant need to keep things moving, it's easy to spend so much time taking care of everything and everyone else that you forget to take care of yourself. Even when you finally sit down, your mind can still be running through tomorrow's to-do list! What if you could give yourself permission to put it all down for a little while? Not just to rest your body, but to experience the kind of deep relaxation that helps you feel calmer, clearer, and more like yourself again.

That's exactly what this **Sound Therapy Experience** is designed to offer. Using beautiful therapeutic instruments, you'll be immersed in soothing sounds and gentle vibrations that encourage your body to relax and your busy mind to settle. Sound therapy is a wonderful opportunity to release stress, ease tension, and experience a sense of calm that can be difficult to find in everyday life. You don't need to know anything about sound therapy, meditate, or do anything special. Simply come, get comfortable, and allow yourself to receive.

You'll have the opportunity to walk away feeling lighter, refreshed, and recharged, with a renewed sense of energy for the people and things that matter most to you.

Because taking time for yourself isn't a luxury. It's part of being able to show up at your best for the life you love.

